



National Center on Advancing Person-Centered Practices and Systems

Culture and Person-Centered Practice Video Series

Learning About the "B" in LGBT Person-Centered Care Planning

Introduction

NCAPPS made a video series called [Culture and Person-Centered Practices](#). The videos are posted on the NCAPPS YouTube channel. In these short videos, people tell their stories about what culture and person-centered practices mean to them. This is a summary of their stories.

Terri Clark

Terri says the topic of bisexuality is often missing in person-centered practices. Terri says, "Knowing someone's sexual orientation is different from knowing someone's sex life." Being able to discuss one's sexual orientation and gender identity with providers increases access to the right supports. This is crucial to mental health, well-being, and successful aging overall.

Bisexuals are often a hidden population. In this video, Terri busts common myths about people who are bisexual. She ends by providing few helpful tips in providing person-centered care for bisexual people.